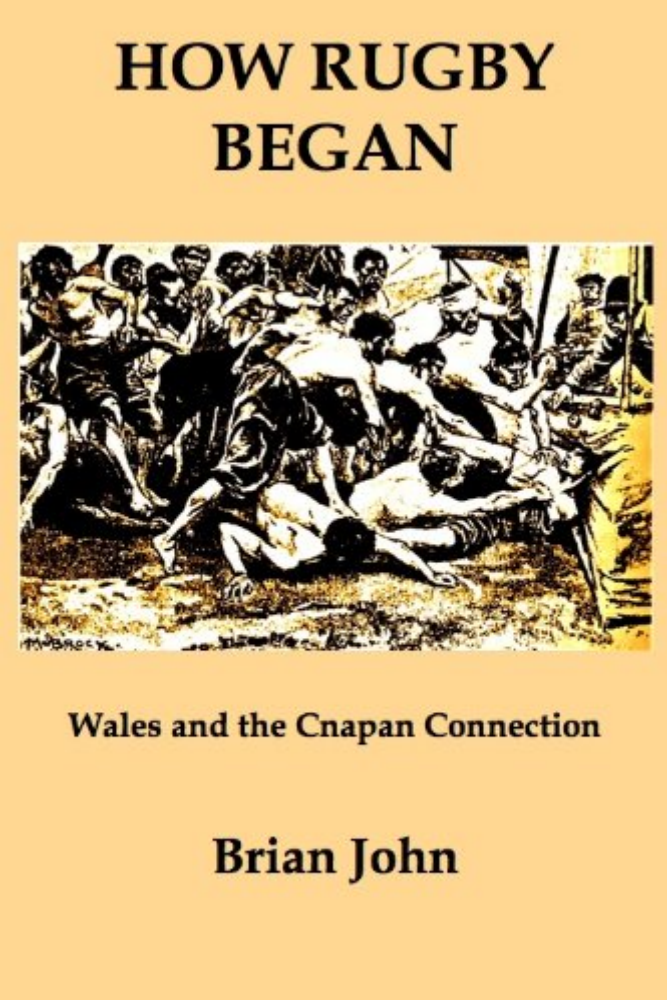
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How Rugby Began



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Synopsis

Forget about William Webb Ellis, Rugby School and 1823 Ã¢â ¬â œ the REAL origins of rugby can be traced much further back, to a relatively sophisticated game called Cnapan which was played in West Wales in the 1500s and probably even earlier. The game was described in detail in 1603, and from that description Cnapan has a strong claim to be considered the forerunner of modern global game known as rugby union football. This book analyses the old game and seeks to establish what its rules and conventions were -- with some surprising insights into the technicalities of the modern game. This is essential reading for sports historians and sports enthusiasts worldwide.

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